



8201 Newman Ave #101 • Huntington Beach, CA 92647 • (855) MED- 1SPA

## **POLLOGEN LEGEND TREATMENT INSTRUCTIONS**

### **PRE-TREATMENT**

- Treatment area should be thoroughly cleaned: free of lotions, serums, makeup, bath gel, glycerin etc.
- Shave any hair in the treatment area, at least four hours before treatment.

**Treatment area should be completely dry before and during the treatment.**

### **POST TREATMENT**

- To avoid makeup and moisturizer for about 24 hours. Afterwards makeup, moisturizer, regular soap (not scrub/exfoliation soap) may be used unless unwanted reaction occurs in the area.
- During the first two days post treatment, extra care should be taken to keep the skin clean to avoid contamination or infection. Additionally, hot baths, massage or any mechanical or thermal damage to the treated area should be avoided.
- Exposure to sunlight or tanning beds should be avoided and the treated skin should be covered with a high factor sun screen. Tanning after treatment may cause change of pigmentation.
- It is recommended that the patient returns 2 to 3 days post treatment to evaluate the treatment area and ensure that no adverse events have occurred.