



8201 Newman Ave #101 • Huntington Beach, CA 92647 • (855) MED- 1SPA

SCULPSURE® CONSENT FORM

The SculpSure® delivers laser energy to heat the deep layer of fat. The heat that is created damages the fat cells. The damaged fat cells are then eliminated by the body through your lymphatic system.

During the laser delivery the applicators cool the skin throughout the entire treatment. The cooling protects your skin while the energy heats your fat layer. When the treatment begins, it will feel warm, and over time the heat sensation will increase to short periods of intense deep heat. You may also experience some cramping, tingling, prickling or squeezing sensations deep in the fat layer. These sensations are normal and expected. These sensations indicate that the laser is effectively targeting and damaging the fat layer.

- The SculpSure is eye safe. There is no need to wear protective eyewear.
- Your skin may be slightly pink to red immediately after treatment. This may last for a few hours.
- Following the SculpSure treatment you may experience swelling and tenderness that typically lasts for approximately 2 weeks, but may last longer. You may also experience tissue firmness or nodules. Nodules can last for days to several months, depending on the size of the nodule. This side effect will resolve on its own.
- The treated areas should be massaged two (2) times a day for five to ten (5-10) minutes. There are no lifestyle restrictions following your SculpSure treatment. It is recommended to increase your water intake after treatment.
- You may use ice packs or Tylenol according to package instructions to help ease tenderness.
- I have been thoroughly and completely advised regarding the end point of the procedure. I understand that the practice of medicine is not an exact science and no results have been guaranteed. I acknowledge that the results may not meet my expectations. I certify that no guarantees have been made by anyone regarding the procedure(s) that I have requested and authorized.
- There is no guarantee that the expected or anticipated results will be achieved.

I have been informed that firmness, hardness, nodules, redness, tenderness, swelling, pain, and bruising, are the most common side effects. Other less common side effects which can occur are itching, skin contour irregularities, dimpling, hyperpigmentation/hypopigmentation, asymmetry, necrosis, changes in skin laxity, numbness, blister or burn. Rare occurrences of fainting or dizziness have been noted during and/or after the treatment.

I confirm that I have not had sun exposure within the last 7 days.

I consent to photographs and digital images being taken and used to evaluate treatment effectiveness, for medical education, training, professional publications or sales purposes. No photographs or digital images revealing my identity will be used without my written consent. If my identity is not revealed, these photographs and digital images may be used, shared, and displayed publicly for such stated purposes without my permission. Before and after treatment instructions have been discussed with me. The procedure, potential benefits and risks, and alternative treatment options have been explained to my satisfaction.

PRE / POST-TREATMENT INSTRUCTIONS

Pre-treatment instructions:

- No sun exposure 7 days prior to the treatment.
- Increase hydration to 64 fluid ounces of water per day for at least 3 days before treatment and one week after treatment. Limit processed foods.
- Remove all creams or oils prior to treatment.
- Shave the area to be treated 24 hours before the procedure (if needed).

Post-treatment instructions:

- May experience mild pinkness or redness, tenderness, swelling, pain, itching, and skin firmness.
- Tenderness may last up to two weeks and in some clients a bit longer.
- Use a cold or warm compress and/or acetaminophen to help relieve tenderness.
- Gently massage the area twice a day for 5-10 minutes.
- May resume normal daily activity including exercise immediately post- treatment.
- Encourage proper hydration (64 oz of water per day for 7 days) and light physical activity to help eliminate fat via the lymphatic system.
- Reduce sugar, dairy, sodas (diet or regular) and high glycemic index foods such as cereal and white flour products and processed foods. Increase raw vegetables and natural foods.
- Treatment should be combined with healthy diet and exercise.
- Results are gradual and no demarcation lines of treatment are visible. Treatment results should be assessed 10-12 weeks after the last treatment.
- Contact your physician/practitioner if you have any concerns about your treatment areas such as increasing tenderness or swelling several days after your treatment, or if you develop blisters, hardened areas or nodules.

I have read and understand all information presented to me before consenting to treatment. I have had all my questions answered.

Consent for treatment of _____

Client: _____ Date _____

Witness: _____ Date _____